

From Inkling to Evidence:

Filling the Hmong Data Gap through a Behavioral Health Needs Assessment

CUPH Virtual Seminar Series

May 20, 2022



CUPH

Center for Urban
Population Health

*Data-driven. Evidence-based.
Community-engaged.*



**HMONG AMERICAN
FRIENDSHIP ASSOCIATION INC.**

MILWAUKEE, WI. EST. 1983

Presenters



Lo Neng
Kiatoukaysy
*Executive
Director*



Lang
Xiong
*Health
Advocate*



Sandra
Christensen
*Consultant/
Grant writer*



Michelle
Corbett
*Researcher/
Evaluator*



Overview

- Hmong American Friendship Association (HAFA)
- Brief history of the Hmong people
- Why a behavioral health needs assessment?
- Survey development
- Participant recruitment
- Select results
- Use of findings & next steps



This project was funded by the State of Wisconsin Department of Health Services.

Hmong American Friendship Association

- Mutual assistance agency founded by and for Southeast Asian refugees in 1983.
- Mission: to improve the self-sufficiency of the Southeast Asian community and to preserve and share its culture throughout the Greater Milwaukee Area.



Hmong American Friendship Association

- Services provided include:
 - Translation/Interpretation Services
 - Employment Services
 - Sexual Assault Victim Services
 - Southeast Asian Food Pantry
 - Housing Counseling
 - Programs for Youth & Elders



Covid-19 Vaccination & Booster Clinic:



Location: Hmong American Friendship Association (HAFA)
Address: 3824 W. Vliet Street, Milwaukee, WI 53208
Date: Saturday, June 4, 2022
Time: 10am - 2pm
Any Questions, Call HAFA's Warmline: 414-465-9504

All Are Welcome To Receive:
1st, 2nd, 3rd or Booster dose of Covid-19 Vaccination
*Pfizer * Moderna * J&J/Janssen*

Important Reminders:

- Bring one valid ID (optional)
- Bring proof of vaccination card (optional)
- For Ages 5+

Caw Mej Tuaj Nkaug
Koob Tshuaj
Tiv Thaiv Covid-19

For inquiries and concerns: email:
general@hmongfriendship.org
website: hmongfriendship.org



Age 5 -11
\$10 Walmart Gift Card

Age 12+
\$50 Walmart Gift Card

New Apparel
Donations
Available

YOU STOP THE SPREAD

A Brief History of the Hmong People





Why a behavioral health needs assessment?



A nurse's story



Fill a data gap

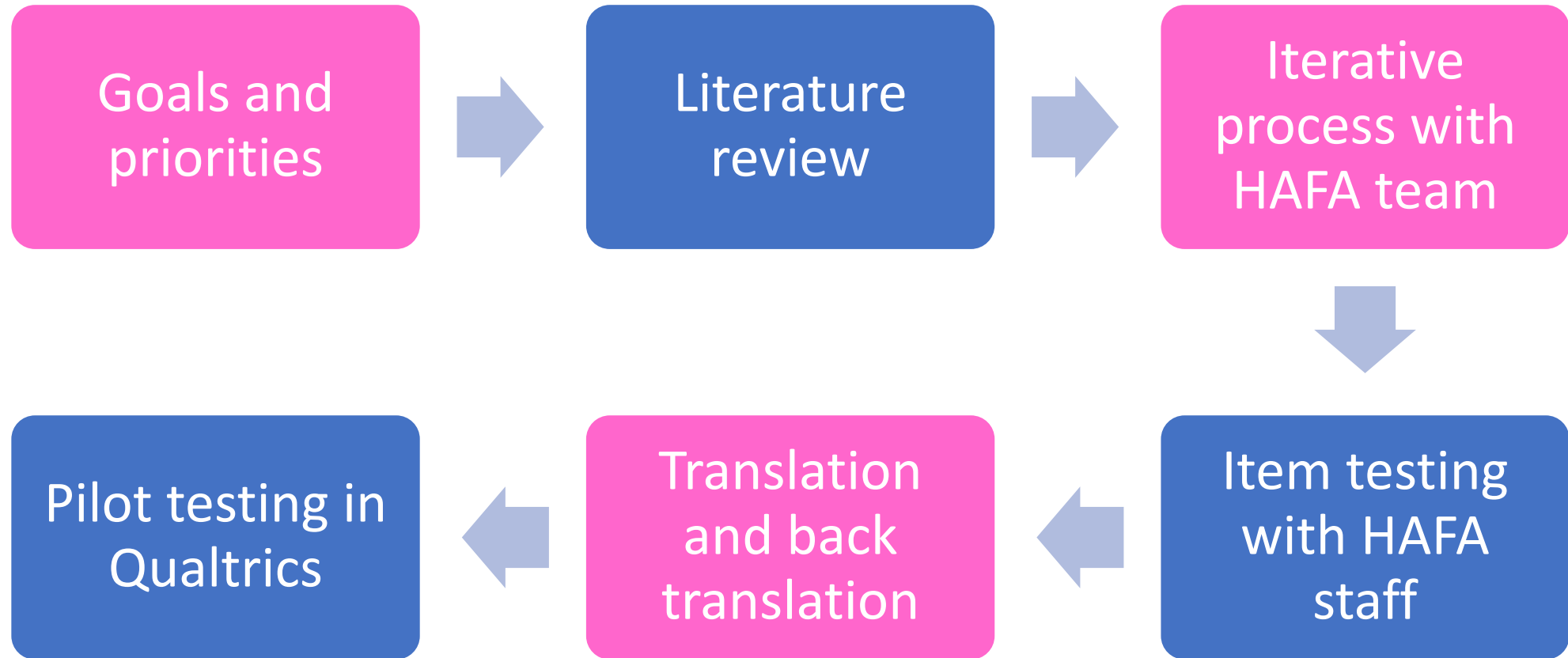


Develop and fund
programs/services



Support provider
education

Developing the Needs Assessment Survey



Developing the Needs Assessment Survey

- 61-items covering:
 - demographics
 - experiences of trauma
 - PTSD, depression, and anxiety signs/symptoms
 - substance use
 - coping strategies and emotional support
 - experience reaching out for, and/or receiving, behavioral health treatment
- Available in English and Hmong

Goal of 1,000 completed surveys

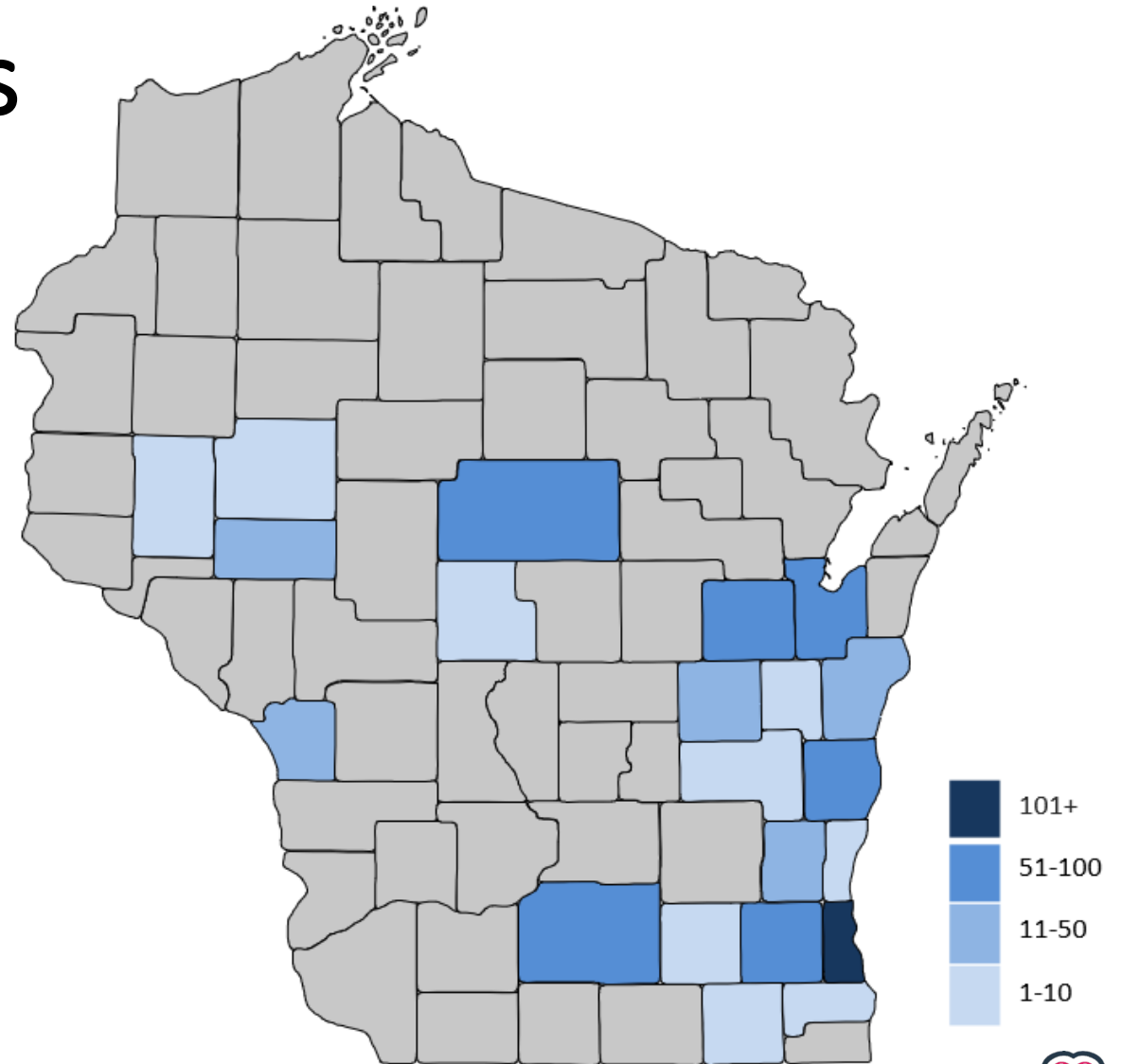
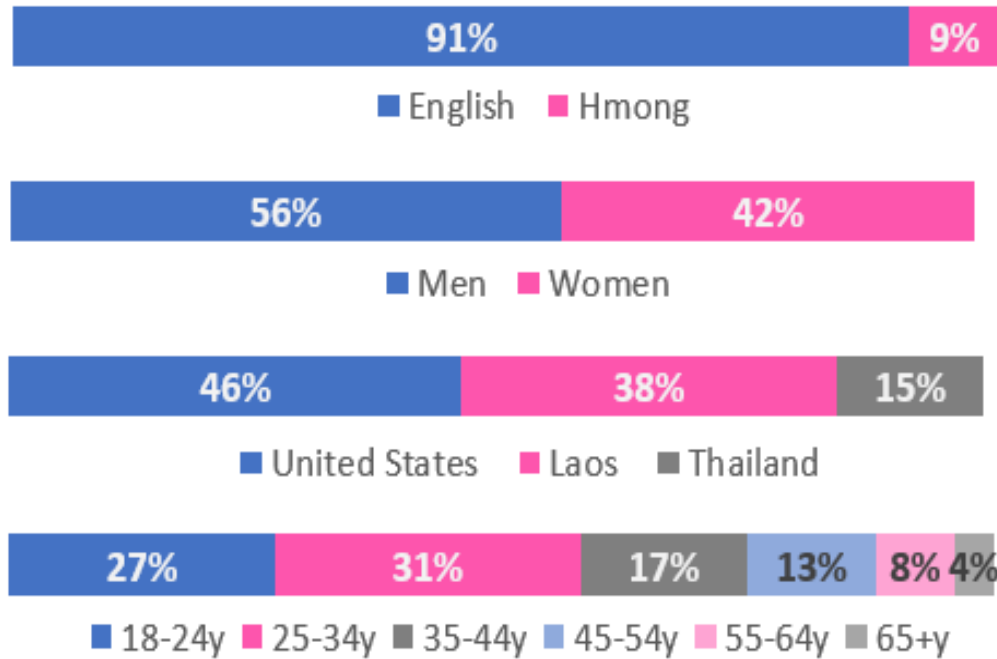
Participant Outreach and Recruitment

- [Nyob Zoo Milwaukee TV social media](#)
- One-on-one outreach
- Promoted by other Hmong-serving organizations and clan leadership
- Raffle to win \$500 gift card

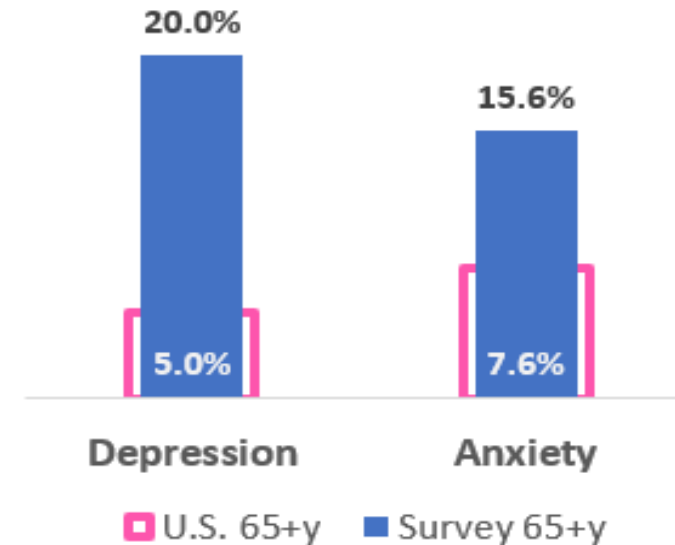
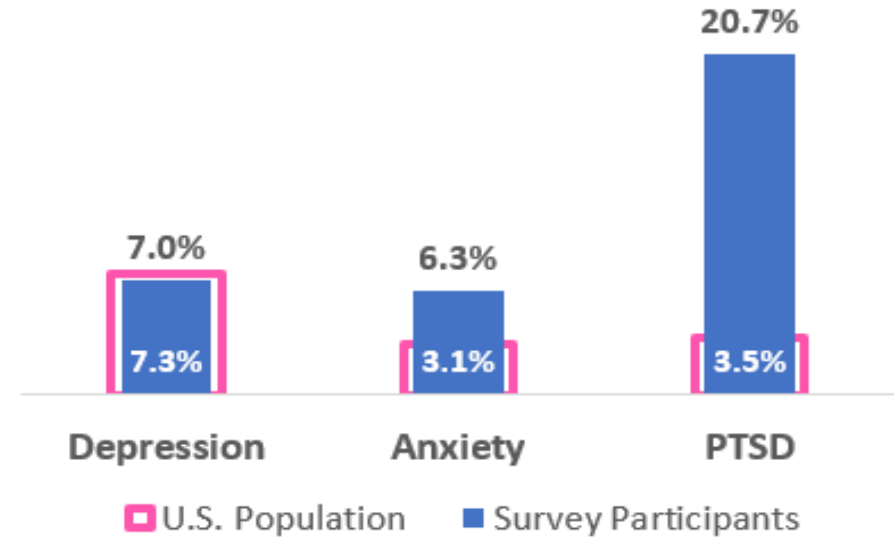
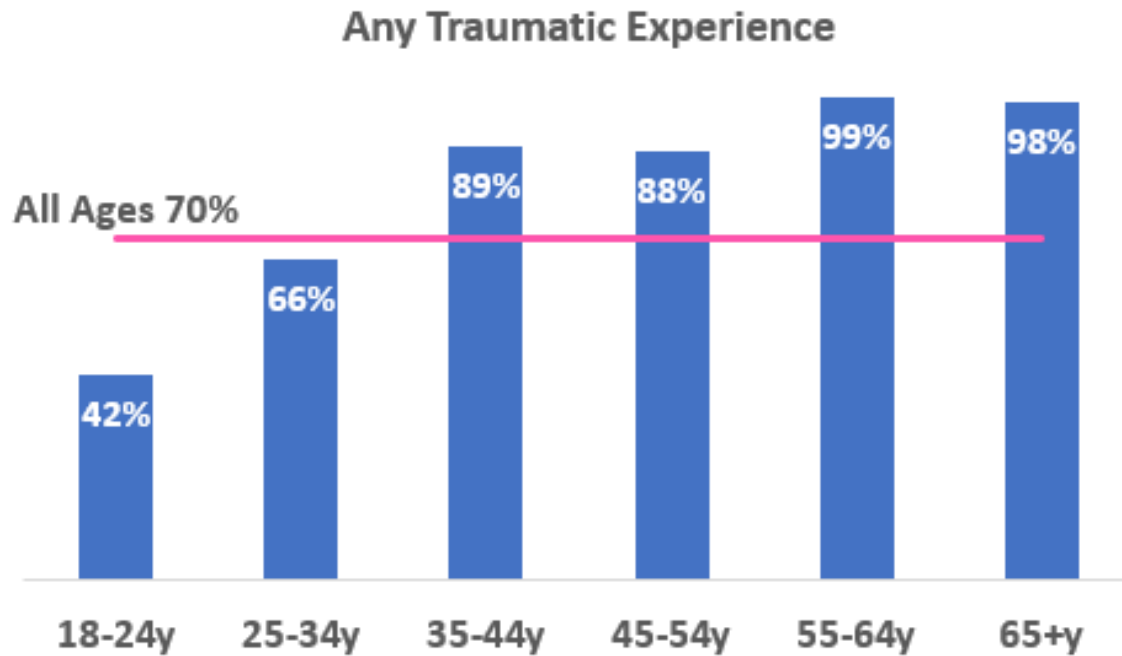


1,073 complete survey responses in 2 months!

Select Assessment Results

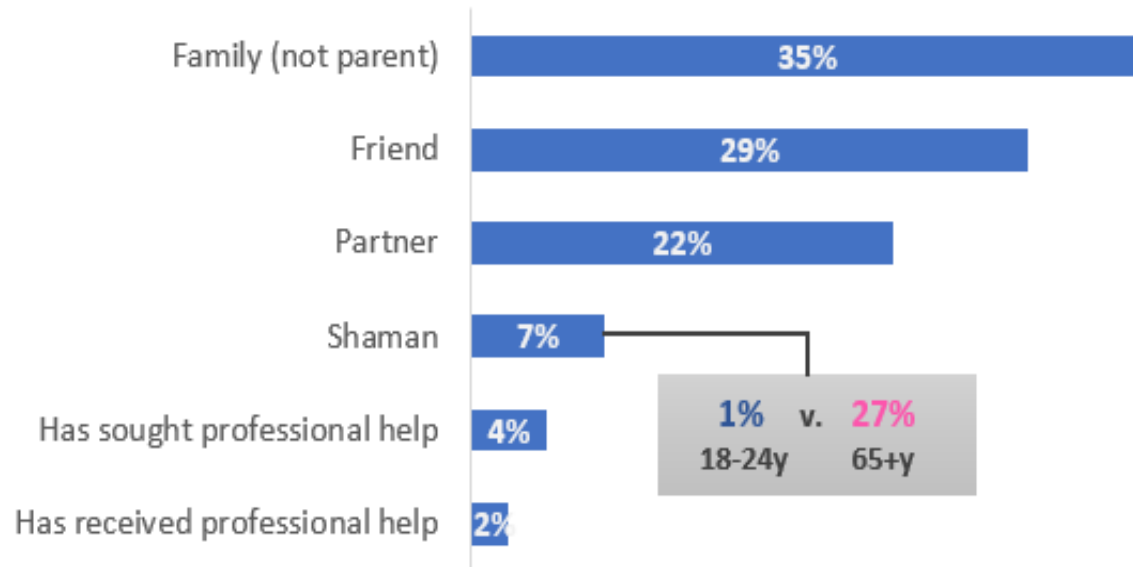


Select Assessment Results

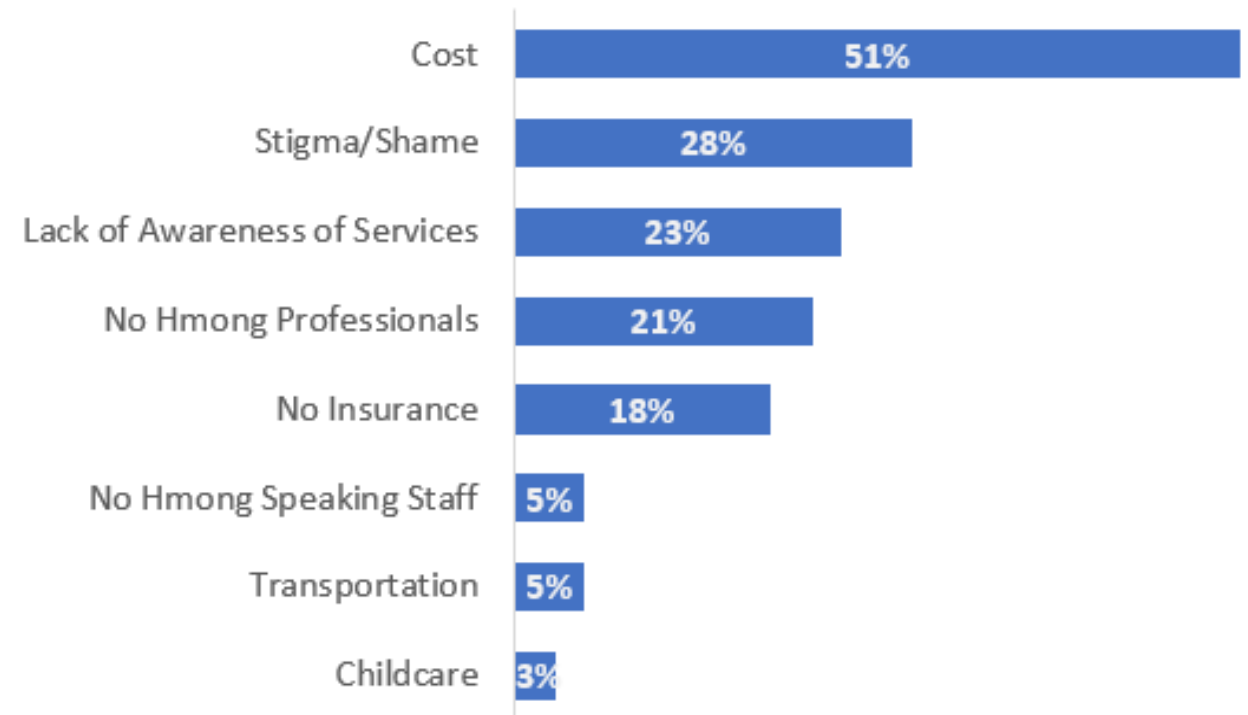


Select Assessment Results

Sources of Emotional Support



Barriers to Treatment



Select Assessment Results

Among respondents who reported seeing a professional:

- 45.5% *"They understood my culture and way of life."*
- 60.9% *"They understood my problems or concerns."*
- 69.6% *"They respected my culture and way of life."*
- 73.9% *"It was easy for me to contact them when I needed to."*
- 73.9% *"I would recommend these services to my family or friends."*

Use of Findings & Next Steps

- Dissemination
 - 2021 Needs Assessment Highlights data brief
- Provider Education
 - *“A Protocol for Working with Hmong Clients: Guidance for Behavioral Health & Substance Abuse Professionals”*
- Funded Grant Proposals
 - 3-year Community Health Worker Elder Outreach and Navigation - WI-DOA Equitable Recovery Grant Program
- Program Development
 - Analyses focused on elders





Thank you!

Questions?

